

Creating Healthy Communities Coalition

March 12, 2018

8:00- 9:15AM @ School of Hope

MINUTES



Attendees: Allison Thomas, Ann Wise, Cory Ellerbrock, Charlotte Stonerook, Jennifer Leonard, Mandi Artino, Annette Overmyer, Aly Rumer, Trisha Reiter, Jenna Stull, Elizabeth Bentz, McKenzie Schneider, Thomas Miller, Stacey Gibson, Stacey Kruse, Cathy Glassford

INTRODUCTIONS/PSE UPDATES

PT Services- A new circuit training session will start up in 1 week at the Herbert - Perna Center on Mondays and Wednesdays from 7-8pm.

SCHD (Maternal and Child Health Program) - Trisha reported on the program's current work. They are currently implementing a campaign called "Make Family Time Healthy Time." This campaign includes billboards and an essay contest across 12 different schools. The winner will receive a new bicycle.

SC Parks- The park district is planning a volunteer trail patrol. Please share this opportunity with anyone who might be interested in becoming involved.

CHS- CHS is making some administrative changes such as a new medical director, dental director, and will be hiring a new OB in September. Responses to the tobacco surveys may be delayed due to these new changes.

ProMedica Memorial- The hospital had to move the water filling station for the time being due to renovations.

ACTIVE LIVING STRATEGIES

Active Commute Support (Sandusky County)

The Bellevue Hospital expressed interest in pursuing this project. Allison met with Mandi and their HR Vice President to assess their current level of support (policy and environmental) for active commutes.

- *Mandi will take 3-4 pictures of current bike racks and potential locations for bike infrastructure.*

Complete Streets Policy (City of Fremont)

Allison reported on the CS Policy workshop held in January and the next steps for policy adoption in the City of Fremont. Allison and John Willey (Regional Planning) will present to Fremont City Council in April and will also be hosting a policy development workshop in June or July. Community partners, even if not directly involved in transportation, are encouraged to be part of this process. The group confirmed the date for this year's Street Play Saturday (Sept 15th 9am-1pm) which will be the sponsor farmers market event. Event sponsorship costs around \$1,500.00 and includes flyers, maps, radio ads, Facebook, print etc. One suggestion was asking "People for Parks" to be part sponsor. A signup sheet was passed around for coalition members interested in being involved with this event. Allison suggested the group include a demonstration project at this event.

- *All coalition members will think of additional potential sponsors for Street Play Saturday.*

New or Repaired Park or Playground (Gibsonburg)

2018 Gibsonburg park improvements will take place at Central park. The MOU for this project will go into effect this Friday when signed at the Board of Health meeting. Marc Glotzbecker met with Allison in February and mentioned the need for a handicap accessible water filling station/water fountain. Ann Wise connected Allison with the Board of DD providers. Allison presented to this group, recruiting 4-5 individuals interested in conducting park inclusion assessments. A representative from Ohio Dept. of Health Disabilities program is going to try to attend this activity. A signup sheet was passed around for coalition members to sign up to participate in this assessment.

HEALTHY EATING STRATEGIES

Food and Beverage Guidelines (Fremont)

A list of CHANGE tool sites were provided to members. It was suggested that these sites are considered first when we are looking to recruit locations to implement CHC projects. The group discussed potential locations to recruit for the food and beverage guidelines in Fremont. Allison mentioned how it has been difficult finding someone interested. Suggested locations were:

- *Family and Children First Council- adopt guidelines for meetings/events.*
- *ProMedica- already has 85% healthy, but could focus on other tactics for encouraging the purchase of those healthy products. Annette suggested to reach out to Nancy Brown.*
- *Terra State- Allison will reach out to Terra State again through Dr. Webster.*

Food and Beverage Guidelines (Gibsonburg)

The group discussed potential locations to recruit for the food and beverage guidelines in the Gibsonburg area. Gibsonburg Schools did not feel they would be a good candidate for this project.

- *SC Park District (White Star Park concession or Nature Center programs)*

CAPACITY BUILDING STRATEGY

Membership Diversity

The group conducted step 1 of the Stakeholder Gap Analysis. Partners were asked to work in small groups to brainstorm sectors, specific municipalities, or organizations missing on the coalition. Each member was asked to provide 3 suggestions.

- *Allison will review suggestions and bring results to the next meeting where we will focus on reaching out to potential organizations.*

COMMUNITY HEALTH IMPROVEMENT PLAN (CHIP)

2017-2020 CHIP Strategies

The Chronic Disease and Cross-Cutting CHIP strategies were reviewed. The coalition will focus the first year putting together an inventory of community gardens, farmers markets, and food pantries offering fresh produce. We will also create an inventory of shared use agreements in the community and tobacco free policies in schools, housing, and businesses.

- *It was suggested to mail out a short survey to local churches and community organizations (shared use.)*
- *Ann Wise will gather info from schools (shared use.)*

Community Gardens	Farmers Markets
Vanguard	Lindsey
Gibsonburg	Fremont
FCS	Gibsonburg
WSOS Stricker Center	ProMedica Memorial Hospital
The Bellevue Hospital	
SCHD	
Countryside Drive	

- *It was suggested to collect info on Community Gardens and Farmers Markets using social media.*
- *Aly Rumer will look for a farmer's market calendar.*
- *Charlotte will take the lead on the tobacco free policy inventories.*

TOBACCO PREVENTION AND CESSATION

Smoke-Free Multi-Unit Housing (Sandusky County)

Charlotte updated the group on efforts to identify a property owner interested in adopting a smoke free multi-unit housing policy. She sent out 25 letters to housing owners and has yet to hear back from any of them. She also mentioned how the 3rd year of the SCHD tobacco prevention grant will focus on tobacco policies. The grant will require us to begin/enhance our efforts with 2 municipalities (Fremont and Clyde) to adopt tobacco policies in public settings. She will need to begin by interviewing key informants from these municipalities.

- *It was suggested to contact Tom Huffman from Positive People for smoke-free housing recruitment*
- *Charlotte will continue searching/follow up with housing contacts.*
- *Charlotte will send more info on the requirements for the ODH tobacco prevention grant.*

CCI Grant

Thomas Miller introduced the new Community Cessation Initiative (CCI) grant under the health department's health education division. He handed out a Community Bulletin (*See Attached: Tobacco Cessation Initiative*) explaining what CCI is and who is part of it. It also explains how it will benefit healthcare providers, tobacco cessation providers, and community agencies, and provides information on how to get involved. The focus right now is to identify who is providing and/or referring individuals to tobacco cessation services and also to build our tobacco cessation provider base.

Reminders

DATE	TIME	LOCATION
May 14	8-9 AM	Coalition Mtg., Community Health Services
July 9	8-9 AM	Coalition Mtg., Park District Nature Center in Lindsey
September 10	8-9 AM	Coalition Mtg., ProMedica Memorial Hospital (Room A)
September 15	9AM – 1PM	Street Play Saturday, Downtown Fremont
November 5	8-9AM	Coalition Mtg., SC Health Department

Vision: *Making the Healthy Choice the Easy Choice*

Mission: *Creating Healthy Communities (CHC) is committed to preventing and reducing chronic disease statewide. Through cross-sector collaboration, we are activating communities to improve access to and affordability of healthy food, increase opportunities for physical activity, and assure tobacco-free living where Ohioans live, work and play. By implementing sustainable evidence-based strategies CHC is creating a culture of health.*



Sandusky County Health Department